

# PE and School Sport Action Plan

## Exbourne Primary School 2020 - 21



**Background** - The primary school sport premium investment goes direct to Primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport.

**Key Indicators** - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

**Funding** - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

<b>The total funding for the 2020 - 21 academic year</b>	<b>£16,530</b>	<b>Funding allocated in 2019 - 20</b>	<b>£17,250</b>
<b>Lead members of staff:</b> Adam Hill and Phil Whittley <b>PE lead:</b> Caitlin Scullion			

Key achievements to date:	Planned areas for further improvement
<p><b>SWIMMING</b></p> <p>Year 6 - 80% achieved 100m      Year 3- 100% achieved 25m</p> <p>Came 1st in school's swim gala</p> <p><b>LEAGUE SUCCESS</b></p> <p>Two Federation Football teams and a netball team</p> <p><b>CLUBS</b></p> <p>3 active after-school clubs provided</p> <p><b>Bike Ability</b></p> <p>All year 6 children achieved Level 2</p> <p><b>SCHOOL GAMES AWARD</b></p> <p>Gold Status achieved</p> <p><b>DPA</b></p> <p>All children engaging with DPA for at least 15 mins a day</p> <p><b>Sports week</b></p> <p>Active and healthy week with cooking and healthy eating workshops Carousal of events with parents</p> <p><b>Remote provision</b> during lockdown to encourage active lifestyle including:</p> <ul style="list-style-type: none"> <li>• Joe Wicks activity</li> <li>• Physical challenges</li> <li>• Adapted PE sessions</li> </ul>	<p><b>SWIMMING</b></p> <p>Swimming for those not achieving 25m at YR 3</p> <p>Federation Swimming Galas</p> <p><b>LEAGUE SUCCESS</b></p> <p>Play matches earlier in season</p> <p>All children to play a competitive match</p> <p>Continued engagement of children and parents</p> <p><b>CLUBS</b></p> <p>More activities on offer eg Thai Box, Jujitsu</p> <p>More activities to engage the less active eg Archery</p> <p><b>School games</b></p> <p>Evidence and actions to meet criteria to achieve platinum</p> <p><b>Bike Ability</b></p> <p>Balanceability training</p> <p>Cycling programme for lower KS2</p> <p><b>SPORTS WEEK</b></p> <p>All children to attend</p> <p>KS1 Sports day</p> <p>Indoor athletics event</p> <p><b>DPA</b></p> <p>Run a Mile initiative</p>

**Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intended actions and impact on pupils	Funding allocated	Evidence and impact	Sustainability and next steps
<p><b>Training for children</b> as Sports Leaders</p> <p><b>To provide a greater number and frequency of clubs and opportunities</b>, so that all children can engage in a more active and healthy lifestyle</p> <p><b>To promote a more active and healthy lifestyle</b></p> <p><b>To engage with parents/carers</b> to support children to a more active and healthy lifestyle</p>	<p>£0</p> <p>£500</p> <p>£0</p> <p>£0</p>	<p>Develop children to facilitate active playtimes</p> <p>Mentoring and support for younger or less confident children</p> <p>Increase participation, confidence and competence of children</p> <p>Facilitate a wide range of activities to encourage all children to participate in a more active lifestyle</p> <p>Facilitate a variety of times that children can participate in a more active lifestyle – before, during and after school hours</p> <p>More children to have greater opportunities to participate in a wide range of attractive events, activities etc</p> <p>All children have access to suitable role-models</p> <p>Clubs and activities that child participate in outside of school life are shared and celebrated during assemblies, social media and Newsletters</p> <p>A celebration display/booklet for physical and sporting success displayed at school</p> <p>Signpost children and parents/carers to events, activities and opportunities for evenings, weekends and school holidays</p> <p>Children are inspired to pursue a healthy and active lifestyle</p> <p>Parents and Carers to be more involved in their children’s healthy active lifestyle and choices</p>	<p>Further develop more children to have roles and responsibilities across the school</p> <p>Offer more Martial Arts clubs</p> <p>Provide non-active sporting pursuits such as Archery</p> <p>Weekly or daily challenge for all</p> <p>Invite more and a greater variety of role models into school</p> <p>To distribute more information from a greater range of providers</p> <p>To invite parents and carers to more events and workshops across the year</p>

<p>To ensure that all children starting secondary school can <b>confidently and safely ride a bike</b></p>	<p>£0</p>	<p>Less time on electronic equipment and a greater amount of time engaging in physical and healthy activities</p> <p>To further develop the Federation Bikeability programme</p> <p>All children can ride a bike safely by end of Year 6</p>	<p>To link questionnaire about IT usage to computing curriculum</p> <p>Balanceability training</p> <p>Cycling programme for lower KS2</p>
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<b>Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</b>			
<b>Intended actions and impact on pupils</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<p><b>Designated Leadership time</b> – planning, assessment, logistics, monitoring of impact etc</p> <p>To ensure that <b>all children have the opportunity to develop to their potential</b> – this includes SEND and Gifted and Talented children</p>	<p>£0 (within salary)</p> <p>£250</p>	<p>Leadership of PE and Sports initiatives</p> <p>Efficient and effective deployment of the PE and Sports Premium Grant</p> <p>A wide range of opportunities for children to develop to their potential</p> <p>Involvement in inclusion games, visits from SEND athletes, support as required to ensure that SEND does not become a barrier</p> <p>Opportunities for gifted and talented children</p>	<p>To develop leadership succession</p> <p>Lead and participate in a greater range of enrichment activities for SEND children across the MAT</p> <p>Enrichment opportunities at local colleges/ universities</p>

<b>Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</b>			
<b>Intended actions and impact on pupils</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<b>Training for staff</b>  <b>The Real PE</b> – training and assessment system  <b>Employed PE Specialist Teacher as PE Lead</b> – Resourcing, training and event organising	  £1,666  £11,865	Coaching awards for School/Federation staff  Developing Teachers to deliver high quality PE  Developing Support Staff to facilitate activities  Developing MTAs to facilitate active lunchtimes  Children receive high quality opportunities to participate in learning and activities across the school week	Liaise closer with secondary colleagues in the Trust  Provide Federation wide training for MTAs  Opportunities to observe, team teach and be observed facilitating high quality lessons

<b>Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>			
<b>Intended actions and impact on pupils</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<b>Strategic investment in PE and Sporting facilities</b> for each school  <b>Investment in PE and Sporting resources</b> across the schools  To provide <b>transportation solutions</b> to ensure that rurality is not an issue  <b>Competitive and non-competitive</b> sports days to increase enjoyment for all children	£580  £169  £500  £150	Developing plans for future investment in PE and Sporting facilities  To ensure the long-term sustainability of the projects  To ensure that the Federation schools are suitably resourced to ensure that high quality lessons and activities can take place  There are a range of transportation options for the school	Play matches earlier in season  DPA- Run a mile initiative  All children to play at least one competitive match  More attendance at competitive fixtures

<b>Key Indicator 5: Increased participation in competitive sport</b>			
<b>Intended actions and impact on pupils</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
<p>To ensure that all children starting secondary school are <b>confident and competent swimmers</b></p> <p>To take part in a range of <b>competitive</b> and non-competitive sporting events</p>	<p>£500</p> <p>£250</p>	<p>To further develop the Federation swimming programme</p> <p>Year 6 children to swim 100m+</p> <p>Year 3 children to swim 25m+</p> <p>Participation in swimming galas</p> <p>Federation teams – Football and Netball</p> <p>A range of inter-school sporting events</p>	<p>Swimming for those not achieving 25m at YR 3</p> <p>Federation Swimming Gala</p> <p>Play matches earlier in season</p> <p>All children to play a competitive match</p> <p>More Federation competitive events</p>
<b>Meeting national curriculum requirements for swimming and water safety</b>			
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			No data due to Covid
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			No data due to Covid
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?			No data due to Covid
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?			No data due to Covid

<b>Use of underspend for 2019-20 due to Covid: £29,959</b>			
<b>Actions and impact on pupils</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and next steps</b>
Replace faded Playground markings in playground to facilitate and encourage more daily physical exercise.	£3,000	Use during sports and PE sessions  Use to encourage further DPA	Children trained to act as playleaders to encourage and facilitate more active breaktimes
Replace old and damaged play frame installing new structure in different location to provide space for Sports and PE	£12,000	More effective and efficient use of limited space for Sports, PE and DPA	Effective use of small space
Interactive Whiteboard to access remote physical activity as well as for sharing and assessing PE	£3,000	Technology used effectively to enhance PE sessions and facilitate greater involvement in physical activity remotely	Technology will enhance and motivate the PE and physical development provision
Invest in further resources for the children to use, especially for the youngest children.	£11,000	New resources will encourage the youngest children to participate in an active lifestyle	Inspirational and motivational for children