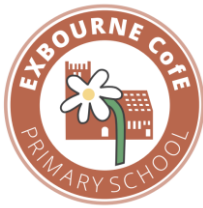


Let us spur one another to acts of love and good deeds. Hebrews 10:24



**Dartmoor
Multi Academy
Trust**

...everyone in our Trust.



20th January 2023.

Dear Parents and Carers,

What a great start to term the children have had! All classes have settled well back into the learning routine and are enjoying their new subject units. I know Class 1 are loving learning about space in science, Class 2 are enthralled by writing their own playscripts based on the ancient Greeks and Class 3 are enjoying having in depth and mature discussions regarding the civil rights movement in America as part of their history unit.

School Improvement Update – Proud Achievement Wall:

At the start of term, the children were challenged to have some of their amazing learning from the week added to our new 'Proud Achievement Wall' in between the library and hall. We are delighted that some of the children's work has been selected and is now on display due to them being proud of their work as well as members of staff. The children's work is chosen by them showing one or more of the following key learning attitudes - perseverance, resilience, enthusiasm, passion and cooperation. The children are very keen to get their work on the 'Proud Achievement Wall' and it is great to hear other children also celebrating with them when their work has been put on display. Additionally, I have also asked Nicholas Bryant (music teacher) to lead a Friday singing assembly with the whole school. Each term, he will be teaching the children new songs: some traditional and some modern. The first song he is teaching them is the song 'What have you done today to make you feel proud?' to link in with the new proud achievement wall.



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Devon Wildlife Trust:

Some children from Class 2 and 3 have been chosen to become Devon Wildlife Trust Champions for the Spring and Summer term. The children met with Sarah (Devon Wildlife Trust Learning Officer) last week to discuss the project they want to complete. They have chosen to focus on looking after the wildlife in our local community and to reduce the pollution in our oceans. The children will spend some time working together on this project and will be visiting the local area to audit the local wildlife and researching how we can all reduce the pollution in our oceans.

Safeguarding Update:

Like all schools in the Trust, we were asked to write an Anti-Harmful Sexual Behaviour Charter with the children this half term. I spoke to many of the older children in school and together we linked this charter with our school values. The children thought that our value of RESPECT was the one that was most important when thinking about anti-harmful sexual behaviour. RESPECT is also the value which we will be focussing on this half term. Together, the children and I wrote the charter which is below and I discussed this all the children during our assembly time on Monday. Posters are also displayed around school to remind children about respecting other people and their decisions. The charter also reminds children of the PANTS rule that is regularly shared and referred to during PSHE lessons. More information can be found at <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

DARTMOOR MULTI ACADEMY TRUST



ANTI HARMFUL SEXUAL BEHAVIOUR CHARTER

SCHOOL NAME: Exbourne C of E Primary School

	We will respect everyone in school at all times.
	We will speak to everyone in a kind way and use kind words.
	We will only touch people in a kind way and only if they want to be touched.
	We will respect everyone's decision and not make them do things they do not want to.
	We will tell someone we trust if we see something we don't think is OK.

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Messy Church Fun:

The first session of Messy Church occurred after school yesterday and a great time was had by all that attended. In total, eight families attended the session and they were treated to snacks, craft activities in the hall and the evening finished with everyone sharing a lasagne they all made together. If you would like to attend the next session, it will be on Thursday 19th February and then every 3rd Thursday of the month after that. Rev. Leigh was delighted with how many families came and wanted me to pass on his, and the church volunteers thanks and appreciation for all who came.



Roles and responsibilities:

This week, we are returning to all children eating together in the main hall for lunch to encourage the older children to help the younger children. When outside, some of the older

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children are also going to be acting as sports leaders to help teach the younger children new games as well as help to develop their hand eye coordination. Some of the older children have also become junior librarians. Their role is to keep the library looking neat and tidy as well as promote the love of reading. They have already been recommending books to the younger children and finding them certain books based on their interests and likes.

Parents' Forum:

This half term's parent forum will be on Thursday 31st January at 3.30pm in the main hall. I can explain what school improvement work has been occurring over the last few weeks as well as discussing any questions you would like to ask. If you are unable to attend, minutes from the meeting will be sent to all so you can read what was discussed. You can of course email your question in, speak to us on the gate or ask a friend to ask the question for you.

Website feedback:

The Trust are conducting a survey around the use of school websites from the perspective of parents, carers and the wider community and would value your contribution to this survey <https://forms.office.com/e/6DQUBr6BBf>. Please note the deadline for responses is 23.1.23.

Supporting Wellbeing and positive mental health in men:

Our Trust Director of Safeguarding (Barbara Manning) has written and produced a supporting Wellbeing and positive mental health in men PowerPoint presentation which I have attached with the newsletter. It has useful advice, not only for men but for any family member that may need some support or guidance in supporting their own wellbeing.

Year 3 residential

We are very excited to confirm arrangements for the Year 3 residential. All year 3s from the Moorland Hub and Ruby Hub – Boasley Cross, Bridestowe, Exbourne, Lydford, Northlew, Bridgerule, Black Torrington, Bradford and Highampton Primaries – will take part in 2 days of adventurous outdoor activity with overnight camping at Boasley Cross Primary School on the 8th and 9th of June. Children will take part in climbing, low ropes, team building games, archery, crate stack and grass sledging. They will return to Boasley Cross for games and camp fire before camping in DMAT tents. Food will be provided by the Trust.

This will be a brilliant opportunity to meet children from other local schools – we are expecting 43 children to attend. This exciting opportunity will be subsidised by the school's PE budget, meaning a cost of just £30 to parents. There will shortly be further information by letter and a request for payment to confirm your child's place.

Year 4/5 residential

We are finalising details of the Year 4/5 residential for the summer. This is taking slightly longer than hoped as we are keen to keep the cost affordable for parents and we are negotiating the best price. We will have 3 days, 2 nights of outdoor adventurous activity and are expecting an absolute maximum cost to parents of £120. We will give as much notice as possible so that families can budget this cost.

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Warmest wishes,

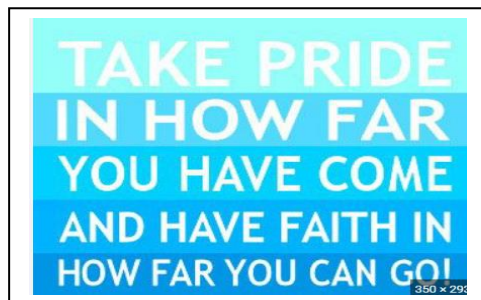
Martin Evely and all staff of Exbourne C of E Primary School.



Dear Lord,

Thank you for the work you have laid before me. Thank you for the talents you have given me to complete my work. Lord, make me diligent in my work and teach me to do my best every day.

Amen



Diary Dates and Events

31st January – Parent Forum – 3.30pm – All welcome

20th February – Appointments for SEND students with Mrs J Dart

13th -17th February – Half term – All students return on 20th February

16th March – Messy Church Session – 3.30pm – 5.00pm

24th March – Whole school photo

30th March – Easter Service at the church – 2.30pm – All welcome

03rd April – 14th April – Easter Holidays – Students return on 17th April

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We would like to make you aware, through our partnership with The AIM Group, of 2 fully funded and FREE courses which are available to any adults within our school communities, whether you are a member of staff, a parent/carer/guardian, volunteer, governor etc.

1. [Advanced Child Development \(Neuroscience in children\) Level Two Qualification \[25 Questions\] completed online over 4-6 weeks.](#)

The AIM Group have partnered with the UK's leading colleges to provide a brand new fully funded (free) level 2 qualification, which is the first of its kind!

What Is Neuroscience?

Neuroscience is the study of the brain and its impact on behaviour.

It is an exciting field of research that has huge significance to anyone who supports babies or young children. This qualification is designed to give learners an introduction to the subject and to share with them some of the remarkable insights it has given us in terms of how the infant's brain develops, and how this is affected by a range of external influences.

Course Information

This is a brand-new qualification, launching in January which will look to provide learners with practical advice on how to promote healthy brain development in the critical first seven years of their life.

This course will also support how children develop vital self-regulation skills, such as learning how to deal with emotions such as fear, anger and sadness in the correct way.

Typically, a qualification of this level would cost a learner £100's to enrol onto.

The only criteria you must meet to be eligible, is:

Aged 19 or over on or before 31st August 2022

Have lived in the UK/EU for 3+ years

Not already on a Government funded course

Ready to complete the course which will be starting from 23rd January

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If you are interested in undertaking this free online course or would like further information, then please complete the following link.

[DMAT Schools: Neuroscience in Early Years Qualification Application Link](#) > This will then allow The AIM Group to contact you to discuss and get you started on your chosen course

Take care when scrolling for the course and be sure to select either - Neuroscience in Early Years - Level 2 (you will find it right at the bottom of the list)

If you have any questions prior to expressing interest, call Chris Greenfield on **0203 900 3091 extension 213** or drop him an email at christopher.greenfield@theaimgroup.co.uk

Please Note: This must be applied for before the end of January (to ensure we do not surpass funding capacity)

2. Functional Skills in English or Maths Level 2

Are you looking for a flexible, achievable, and manageable way to retake your GCSE English and Maths?

This alternative GCSE retake can provide just that.

Online classes are designed to develop your confidence and the foundations to progress on to higher level English qualifications.

It can also enable you to use your skills in everyday life, both personally and professionally.

Functional Skills English Level 2: Eastleigh College:

Reading | Writing | Speaking | Listening | Communication

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Functional Skills Mathematics Level 2: Eastleigh College:

Whole Numbers | Fractions | Decimals | Percentages | Using Common Measures | Shape and Space | Handling Information and Data | Solving Mathematical Problems

So, what to do if you are interested?

Course delivery:

- This is very much tailored to the individual. The online tutor will work with learners on an individual basis, so there are no set "taught" sessions for the learners to attend.
- All work is supplied on the learning platform and learners can have calls and teams' meetings with their tutor to support with progress.
- Completion time is 12-20 weeks dependent on learner ability (this is accessible 24/7 online)
- learners WILL have a virtual exam at the end to complete their qualification and will be allowed one free resit per qualification
- For any subsequent resits, the learner will be charged the examination administration fee plus the Examination Board fee (handled by Eastleigh College)

Eligibility Criteria:

- Does not have a GCSE C or above already in the chosen subject (example, if you have a B in English, you would not be able to access this)
- Over the age of 19 as of 31st August 2022, and have lived in UK for the past three years with a Valid Passport or Driving License
- Not currently be enrolled onto any other gov funded course.

To register your interest please click this link > [DMAT Schools: English and Mathematics Functional Skills Level Two Qualifications](#)

Take care when scrolling for the course and be sure to select either - Functional Skills English-Level 2 or Functional Skills Mathematics-Level 2

If you have any questions prior to expressing interest, call Chris Greenfield on **0203 900 3091 extension 213** or drop him an email at christopher.greenfield@theaimgroup.co.uk

If you are interested in either the Neuroscience or the Functional Skills courses, please get in touch with [Chris Greenfield](#) ASAP as there is limited capacity to access on both of these courses.

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**URGENTLY
NEEDED**

**WE
NEED
YOU!**

**LOCAL STAKEHOLDER
BOARD GOVERNORS**

Are you interested in making a difference to the outcomes of pupils in the South West?

We need you to fill our vacancies on our boards! More information on our website or email j.hooper@dmatschools.org.uk



www.dartmoormat.org.uk

**Dartmoor
Multi Academy
Trust**
...everyone in our Trust.

Happy Families, Happy Futures Devon

We are pleased to announce that the Happy Families Happy Futures Devon offer that supports parents to improve the quality of the interparental relationship has restarted through a collaboration between Devon County Council and our Community and

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Voluntary Sector and Private Sector partners. The programme will continue to deliver support to parents, via virtual or face-to-face delivery.

This programme offer includes:

Family Transitions Triple P

*** Advice and guidance to support co-parenting and to deflect the pressure of divorce or separation away from children**

Within My Reach

*** Help to understand and develop healthy relationships and the positive impact this can have on children**

These programmes are aimed at supporting parents, both together and separated, to reduce parental conflict, develop positive communication and problem-solving skills, to manage emotions and create more positive environments for their children.

Requests for support should be submitted by completing this online Devon HFHF request form (click on this link) [Happy Families Happy Futures Referral Form](#) and a completed the consent form available here [Download the HFHF Consent Form](#)

For more information please contact the Parental Relationship Coordinator Emma Winter: emma.l.winter@devon.gov.uk

'Autism and Us' Parent Programme and autism themed workshops (Spring Term 2023)

[Support from the Communication and Interaction Team - Education and Families \(devon.gov.uk\)](#)

Support for parents/carers of Devon primary and secondary children who are either on the autism waiting list or who have received a diagnosis of autism.

Our 'Autism & Us' programme and themed workshops delivered this academic year will once again be offered during the forthcoming Spring term for parents/carers of Devon primary and secondary school children, pre or post diagnosis.

We are delighted to announce that we are offering access for families of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis.

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Attending the 'Autism & Us' parent programme gives you an opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs.

Full programme details and application process below:

Autism & Us programmes:

- 4 weekly 'live online' sessions (approx. 2hrs each) related to the following topic/themes.

No.	Topic	Programme 1	Programme 2	Trainer
1	Autism overview	Wed 11 Jan - 4.30 – 6.30	Mon 6 Mar - 10 - 12	Paul Lamanna
2	Communication	Wed 18 Jan - 4.30 – 6.30	Mon 13 Mar - 10 - 12	Laura O'Shea
3	Understanding and supporting behaviour	Wed 1 Feb - 4.30 – 6.30	Mon 20 Mar - 10 - 12	Laura Matthews
4	Sensory	Wed 8 Feb - 4.30 – 6.30	Mon 27 Mar - 10 - 12	Kevin Jones

Apply direct by email to: educationlearnersupport@devon.gov.uk

To secure a place on any of the above programmes, or express your interest for forthcoming programmes. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform.

Topic based workshops:

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The following topic based workshops, are also available for parents/carers of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis. You can choose from these based on the relevance to you and your family.

Date	Time	Topic	Trainer
Tues 17 Jan	10 - 12	Autism – Sensory processing + integration	Kevin Jones
Thurs 26 Jan	9.30 - 12	Autism and Girls	Robert Good
Tues 23 Feb	10 - 12	Autism – Demand avoidance + PDA	Robert Good
Tues 2 Mar	10-12	Autism – Communication (verbal – support strategies)	Laura O’Shea
Tues 14 Mar	10 - 12	Autism – Managing stress + anxiety	Alison Cann
Thurs 23 Mar	10 - 12	Autism – Vulnerability + online safety	Paul Lamanna
Tues 28 Mar	10 - 12	Autism – Communication (pre/non verbal – support strategies)	Laura Matthews

Apply direct by email to: educationlearnersupport@devon.gov.uk

To secure a place on any of the above topic based workshops. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line ‘live’ via the Microsoft TEAMS platform.

Let’s Talk Pre-Teens event

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LET'S TALK PRE-TEENS

Dates:

- Tuesday 17 January
- Tuesday 24 January
- Tuesday 31 January

Free support sessions for parents and carers



Have you got a 9-12 year old? Join us online for a chat about some of the challenges young people are facing today, find out what tools you can use to support them.

We'll be running twilight sessions throughout January covering topics such as:

- **drugs and alcohol**
- **body image**
- **safety online**
- **mental health**
- **social risks**
- **peer pressure**



Weekly 90 minute sessions starting at 7.00pm



Visit saferdevon.co.uk/lets-talk-teenagers to find out more about each session and book your free place.

More information can be found at: [Let's Talk Pre-Teens Tickets, Multiple Dates | Eventbrite](https://saferdevon.co.uk/lets-talk-teenagers)