



6th January 2023.

Dear Parents and Carers,

Welcome back and Happy New Year! We hope you have all had a lovely Christmas despite all the bugs and illnesses that were an unwanted Christmas present for most of us! The children have settled back into the school routine well and have had a productive few days back in class.

New Year and New Beginnings:

I would like to wish a warm welcome to Mrs Fiona Willis and Mrs Sasha Bonnett who have started to get the know the children in class 3 already. They have spent this week establishing class routines, focussing on team work and finding out the children's interests ready to plan for the weeks ahead. I have spent a lot of time in class this week and the children are settling well to their new teachers.

Class 1 also have some new members of staff this term. We are delighted to let you know that Mrs Gillian Hazeldine has started in her role as a teaching assistant and will be based in Class 1 for the mornings predominately and will then work with individual and groups of children across the school in time. Mrs Hazeldine is an experienced teaching assistant and has worked in Chagford Primary School and Exeter Cathedral school recently. The children have enjoyed getting to know her already. Additionally, we welcome Miss Georgia Bunning, who is completing her Post Graduate Certificate in Education in class 1 until the 16^{th of} March. Over the coming weeks, she will be teaching small groups and the whole class for different lessons. Again, the children are enjoying getting to know her and are keen their learning with her.

PE Lessons

Starting next week on Wednesday 11th January we have Mr Pugh coming back into Exbourne to deliver PE lessons for the whole school. Please could all students come to school dressed in PE kits.

School Dress Code

Please can everyone have a school coat with them everyday and could I request that long hair is tied back and no jewellery to be worn by the students.

Messy Church Reminder:

Just a reminder that the first session of Messy Church is the 19th of Jan 2023 with Reverend Leigh and his volunteers. Miss Balsdon and I will also be joining these sessions so do please come along with your child/ren. Messy church is for the whole family so please come along with any other siblings not yet, or still in the school. It begins with crafts and games in the school; moves across to the church for some fun Christian content and then comes back to school for a meal for us to share together. There is no cost, but please message the school if you're coming and how many of you so we can cater for the right numbers. For more information please speak to Miss Balsdon or Mr Evely. We are really looking forward to the first session!

<u>School Improvement Update – New Behaviour and Reward system:</u>

This term, we will be launching our new behaviour and reward system in classes 2 and 3. Class 1 will continue with the golden tickets system. Children in classes 2 and 3 will be put into 4 new house teams where they collect points as a team in the class. The house team names will be decided by the children so they have some ownership. We are encouraging and rewarding children who are showing perseverance, resilience and cooperation in their learning. The children will work together as a team to collect points which can be added to the chart in class. Once they have completed the bronze section, each child will get a certificate. There is also a silver and gold certificate. Once a team has completed gold, they then earn an extra treat. Every week, the house who has earned the most points that week will have an extra GO noodle, playtime etc at the end of lunch on a Friday so they get the instant reward and not have to wait so long! I will be discussing this in assembly on Monday after speaking to children and staff who are keen for this to start.

Dogs on the school playground.

It is wonderful having all parents back in the playground every afternoon, but please can I ask that your dog doesn't come into the playground with you. We know most dogs are well behaved and safe around children but we know that even the calmest dog may find that the end of the day may be too overwhelming and may react in a way that could harm children or other parents. Guide dogs are of course welcome onto the playground. We are also having the Dogs Trust visit us shortly who will be educating the children about how to care and look after dogs as well as other animals. More information can be found at: https://www.learnwithdogstrust.org.uk/workshops/

Warmest wishes,

Martin Evely and all staff of Exbourne C of E Primary School.





new year ahead. ach new day I tread.

Give me gentle wisdom that I might help a friend. Give me strength and courage so a shoulder I might lend. The year ahead is empty and help me fill each day with good times and joy

Amen

Diary Dates and Events

11th January – PE with Mr Pugh – Students to arrive at school in PE kits

19th January – Messy Church Session – 3.30pm – 5.00pm

13th -17th February – Half term – All students return on 20th February

16th March – Messy Church Session – 3.30pm – 5.00pm

24th March – Whole school photo

03rd April – 14th April – Easter Holidays – Students return on 17th April



WE NEED YOU!

LOCAL STAKEHOLDER BOARD GOVERNORS

Are you interested in making a difference to the outcomes of pupils in the South West?

We need you to fill our vacancies on our boards! More information on our website or email j.hooper@dmatschools.org.uk

www.dartmoormat.org.uk

Dartmoor Multi Academy Trust _overyone in our Irust.

Happy Families, Happy Futures Devon

We are pleased to announce that the Happy Families Happy Futures Devon offer that supports parents to improve the quality of the interparental relationship has restarted through a collaboration between Devon County Council and our Community and Voluntary Sector and Private Sector partners. The programme will continue to deliver support to parents, via virtual or face-to-face delivery.

This programme offer includes:

Family Transitions Triple P

* Advice and guidance to support co-parenting and to deflect the pressure of divorce or separation away from children

Within My Reach

* Help to understand and develop healthy relationships and the positive impact this can have on children

These programmes are aimed at supporting parents, both together and separated, to reduce parental conflict, develop positive communication and problem-solving skills, to manage emotions and create more positive environments for their children.

Requests for support should be submitted by completing this online Devon HFHF request form (click on this link) Happy Families Happy Futures Referral Form and a completed the consent form available here Download the HFHF Consent Form

For more information please contact the Parental Relationship Coordinator Emma Winter: emma.l.winter@devon.gov.uk

'Autism and Us' Parent Programme and autism themed workshops (Spring Term 2023)

<u>Support from the Communication and Interaction Team - Education and Families</u> (devon.gov.uk)

Support for parents/carers of Devon primary and secondary children who are either on the autism waiting list or who have received a diagnosis of autism.

Let us spur one another to acts of love and good deeds. Hebrews 10:24

Our 'Autism & Us' programme and themed workshops delivered this academic year will once again be offered during the forthcoming Spring term for parents/carers of Devon primary and secondary school children, pre or post diagnosis.

We are delighted to announce that we are offering access for families of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis.

Attending the 'Autism & Us' parent programme gives you an opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs.

Full programme details and application process below:

Autism & Us programmes:

• 4 weekly 'live online' sessions (approx. 2hrs each) related to the following topic/themes.

No.	Topic	Programme 1	Programme 2	Trainer
1	Autism overview	Wed 11 Jan - 4.30 – 6.30	Mon 6 Mar - 10 - 12	Paul Lamanna
2	Communication	Wed 18 Jan - 4.30 – 6.30	Mon 13 Mar - 10 - 12	Laura O'Shea
3	Understanding and supporting behaviour	Wed 1 Feb - 4.30 – 6.30	Mon 20 Mar - 10 - 12	Laura Matthews
4	Sensory	Wed 8 Feb - 4.30 – 6.30	Mon 27 Mar - 10 - 12	Kevin Jones

Apply direct by email to: educationlearnersupport@devon.gov.uk

Let us spur one another to acts of love and good deeds. Hebrews 10:24

To secure a place on any of the above programmes, or express your interest for forthcoming programmes. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMs platform.

Topic based workshops:

The following topic based workshops, are also available for parents/carers of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis. You can choose from these based on the relevance to you and your family.

Date	Time	Topic	Trainer
Tues 17 Jan	10 - 12	Autism – Sensory processing + integration	Kevin Jones
Thurs 26 Jan	9.30 - 12	Autism and Girls	Robert Good
Tues 23 Feb	10 - 12	Autism – Demand avoidance + PDA	Robert Good
Tues 2 Mar	10-12	Autism – Communication (verbal – support strategies)	Laura O'Shea
Tues 14 Mar	10 - 12	Autism – Managing stress + anxiety Alison Cann	
Thurs 23 Mar	10 - 12	Autism – Vulnerability + online safety	Paul Lamanna
Tues 28 Mar	10 - 12	Autism – Communication (pre/non verbal – support strategies	Laura Matthews

Apply direct by email to: educationlearnersupport@devon.gov.uk

To secure a place on any of the above topic based workshops. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMs platform.

Let's Talk Pre-Teens event



Free support sessions for parents and carers



Have you got a 9-12 year old? Join us online for a chat about some of the challenges young people are facing today, find out what tools you can use to support them.

We'll be running twilight sessions throughout January covering topics such as:

- drugs and alcohol
- body image
- safety online
- · mental health
- social risks
- peer pressure



Weekly 90 minute sessions starting at 7.00pm



Visit saferdevon.co.uk/lets-talk-teenagers to find out more about each session and book your free place.

More information can be found at: Let's Talk Pre-Teens Tickets, Multiple Dates | Eventbrite