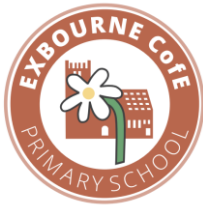


Let us spur one another to acts of love and good deeds. Hebrews 10:24



**Dartmoor
Multi Academy
Trust**

...everyone in our Trust.



3rd February 2023.

Dear Parents and Carers,

We cannot believe how quickly the Spring term is racing ahead! All classes are continuing to relish their new learning units. Highlights include: making and writing instructions for cupcakes in Class 1, Class 2 have been enthralled by food chains and food webs in Science and Class 3 have been creating their own Picasso masterpieces in Art which look fantastic!

School Improvement Update – Lyfta

This term, we have launched an exciting global citizenship session called Lyfta during Humanities and Worship time as it focusses on the school and Trust values. The session takes place weekly and allows our children to experience different cultures and perspectives. It gives them the opportunity to see and connect with positive human stories from around the world - modelling resilience, problem-solving and teamwork. More importantly, Lyfta sessions helps us nurture the global citizens of tomorrow. The children have told me they are really enjoying these sessions and are learning a lot about the world and their place in it as well as learning about other people, countries and cultures. More information can be found at <https://www.lyfta.com/>

Dogs Trust Visit

Last week, we were very lucky to have Emily visit the school from the Dogs Trust charity. She talked to the children about how to look after pets (especially dogs!) and what they can do to ensure dogs are safe and fun to be around. Emily led a whole school assembly and completed workshops with Classes 2 and 3 who spent more time learning about healthy diets for dogs, the importance of exercise and how to care for their dog. The children asked some really thoughtful questions and were keen to find out more information about dog handling and safety. Dogs Trust believe that by educating young people about staying safe around dogs, they can really improve dog welfare for the better. They also believe that teaching compassion, care and respect towards animals can also enrich children's lives in many other ways.



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For more information about the charity, please click on the link <https://www.learnwithdogstrust.org.uk/safety/bedogsmart-parentsleaflet.pdf>

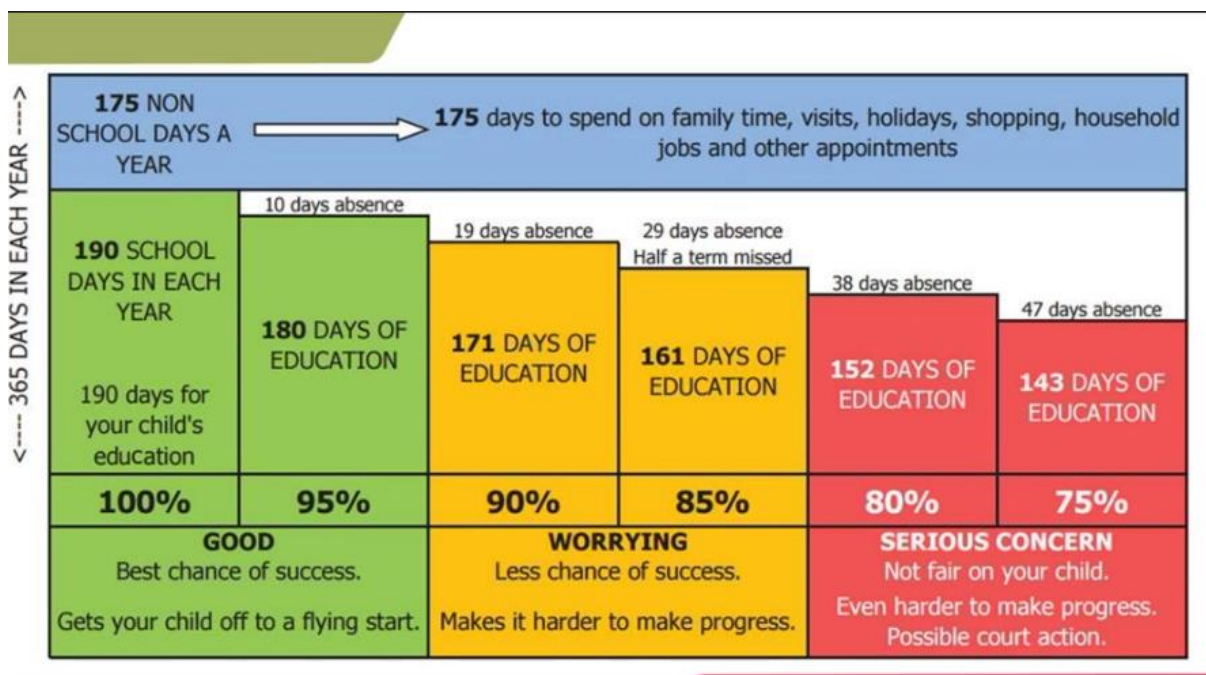
Safeguarding Update:

Next week, we will be celebrating Children’s Mental Health Week. During the week, the children will be learning about the importance of their own mental health and what they can do to help support everyone’s mental health. Each class is also going to complete a mental health task a day from the Taskmaster treasure hunt to help highlight the importance of mental health and to discuss strategies to help keep well. If you would like to discuss this at home as well, you may find the following links useful <http://taskmastereducation.com> and [Families - Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](http://families-childrensmentalhealthweek.org.uk)

Like all schools in the Trust, we received a Safeguarding and Wellbeing visit from our Safeguarding Director Barbara Manning and our Safeguarding Local Stakeholder member this week. The review was highly successful due to the staff’s diligence, care and knowledge of every child. It was noted that staff receive regular, effective training and are quick to act on any concerns they have. The children were also spoken with as part of the review and they told the Safeguarding Local Stakeholder member that they felt safe in school, knew who to talk to if they had any worries or concerns and that they loved coming to school as it is a happy and fun place to be. There is no better praise than hearing this from the children!

Attendance

Across all classes we continue to work on improving attendance and punctuality at school. At Exbourne, we know that every minute is a learning minute and, after the upheaval of the pandemic, every minute counts more than ever. As a Trust, we have an ambitious attendance target of 98% across all our schools and we monitor attendance carefully. Below illustrates how important school attendance is. There is a direct correlation between the children making strong progress in their learning and the impact low attendance can have on their educational outcomes.



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Newquay Zoo

We have been fortunate to get a free visit to Newquay Zoo on the 21st March as they are celebrating their centenary year. Thank you to the parents who made us aware that this was occurring so we could book the whole school in and for the generosity of the PFA for covering the cost of the coach which means the whole day is costing us nothing! We really appreciate all the support the PFA give to enhance all the children's experiences at school. We know we are going to have a great day and are really looking forward to it already!

Parent Forum

Thank you to the parents who were able to attend the Parent Forum this week. I explained about the school improvement projects that are occurring, safeguarding updates and events that are planned for the future. Parents were then invited to ask questions. Minutes from the meeting were sent out via email this week. If you would like to discuss any of the issues raised, please do not hesitate to speak to any member of the team or me when I am on the gate at the start and end of the day. Listening to your viewpoint and questions are vital in helping us to achieve the best possible outcomes for you and your child.

Volunteering reminder:

Some parents have already taken a volunteering pack which is great. If you have some spare time and would be happy to come into school to hear children read or help out in the classrooms or with events, we would be thrilled to hear from you! Volunteer packs can be collected from the school office. Once returned, the school and Trust team will process the information and apply for a DBS (Disclosure and Barring Service) check for each volunteer. When this is complete, which can take up to several weeks, volunteering can begin. We will be grateful for any support you can provide to help raise attainment for our children and giving them an even better chance of success. Please pick up a pack from the office if you can help or speak to one of us on the gate to find out more information.

School uniform reminder

Wearing the correct school uniform helps create a sense of identify and belonging, it is easy and convenient for parents and ensures children are always appropriately dressed for school activities and learning. We have noticed however, that some children are not wearing the correct uniform on PE days. I would like to remind parents that the uniform on days when children have PE is as follows:

- ✓ Black trainers or plimsols.
- ✓ Red jumper, hoodie, or cardigan
- ✓ Black leggings or joggers
- ✓ Plain white T shirt or polo shirt

Devon Wildlife Trust:

The 'Wildlife Champions' have continued to work on their project to save local animal habitats and homes with Mrs Phillips. They have started to make posters reminding everyone to take care when walking around Exbourne, not to drop litter and have had to research how to encourage more wildlife into our gardens. Once the posters are completed, they will be put up around the village by the group so keep your eyes peeled for them in the next few weeks!

Read Write Inc.

The children in Class 1 are now several weeks into their new Read Write Inc groups and are being assessed again ready for new groups after half term. It is quite incredible how much progress some children have made in the last few weeks and how confident they are becoming when faced with

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some tricky words and sentences. The expectation will be that the same book is read 3 times at home and this story will also be referred to in class. You can also add have a look at the free eBooks that can also be read at home to help support the children with their developing reading skills. [Free eBook library | Oxford Owl from Oxford University Press](#)

World Book Day.

World Book Day will be celebrated on Thursday 2nd March. If your child/ren would like to dress up as their favourite book character and bring the book to school, that would be great. They could just wear an accessory instead if they wanted based on the character from the story. Please know there is no expectation that you need to go and buy a World Book Day costume for the day as we know how costly these can be. The day is more about celebrating the love of reading and books and not who has the best costume! In class, the children will be sharing their favourite stories as part of their daily reading sessions and discussing authors and characters. Before home time, they will also be listening to Michael Morpurgo reading one of his books virtually. We're sure the children and staff will find this every exciting!

After school clubs


The children who are attending the after-school clubs are having a wonderful time. I have had the privilege of popping into these sessions and seeing the children working together and supporting one another is a joy to see. I would like to thank the staff for giving up their precious time to run these sessions and for the children's enthusiasm when attending the clubs.

Warmest wishes,

Martin Evely and all staff of Exbourne C of E Primary School.



**Respect yourself
and others will
respect you.**



**WE DON'T NEED TO SHARE THE
SAME OPINIONS AS OTHERS,
BUT WE NEED TO BE RESPECTFUL.**

Remind me to respect you and others
by thoughts, words and actions.

Remind me to respect and love others as I
would want to be respected and loved. Give
me the patience and strength to follow out
of respect.

Amen

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Diary Dates and Events

- 20th February – Appointments for SEND students with Mrs J Dart
- 10th February – Dress to Impress Day – Donation via School Comms
- 10th February – PFA Disco
- 13th -17th February – Half term – All students return on 20th February
- 23rd February – Messy Church Session – 3.30pm – 5.00pm
- 01st & 10th March – Year 5 & 6 Outdoor Day
- 02nd March – Word Book Day – Dressing up as favourite book character
- 8th March – Parents consultation with class teacher – please book with Mrs Chapman
- 16th March – Messy Church Session – 3.30pm – 5.00pm
- 21st March – Whole school Newquay Zoo trip
- 24th March – Whole school photo
- 24th March – PFA Easter Craft Fair
- 30th March – Easter Service at the church – 2.30pm – All welcome
- 31st March – Non-school uniform day & PFA cake sale
- 03rd April – 14th April – Easter Holidays – Students return on 17th April
- 17th & 18th April – Year 3 & 4 Outdoor Day
- 19th, 20th & 21st April – Bike ability
- 02nd May – Normandy trip parents evening @ North Tawton, 5pm start
- 14th, 15th, 16th, 17th & 18th May – Year 6 Normandy Trip
- 17th & 18th May Year 3 & 4 Water sports
- 18th May – Messy Church Session – 3.30pm – 5.00pm
- 29th May – 02nd June – Half term. Students return on 05th June
- 08th & 09th June – Year 3 residential
- 15th June – Messy Church Session – 3.30pm – 5.00pm
- 16th June – Leavers Photo's
- 22nd June – Year 6 Okehampton College information evening
- 26th, 27th & 28th June – Year 4 & 5 Residential
- 29th June – Year 6 taster day at Okehampton College

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11th – 14th July – Year 6 Residential

17th July – Year 6 meet the tutor for Okehampton College

20th July – Messy Church Session – 3.30pm – 5.00pm

21st July – Last Day of Term



SCHOOL
10 FEB *Disco* @ 6 - 7.30
SAMPFORD COURTNEY VILLAGE HALL

£3.50 TO INCLUDE DRINKS - ALL FRIENDS WELCOME

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Community Diary Dates and Events

The 'Made to be Played' Family Orchestra Workshop



Date and time	• Sat 11 February 2023 10:30 am
Price	FREE
Venue	Torquay Museum, 529 Babbacombe Rd, Torquay TQ11HG
Booking link	torquaymuseum.arttickets.org.uk/torquaymuseum/2023-0211themadetobeplayedfestivalfamilyorchestra https:

Come and make an orchestra! Musicians Hugh Nankivell and Emma Welton invite you, your family and people of any age to form an orchestra in a morning. Taking inspiration from Torquay Museum's Made to be Played: A Festival of Musical Instruments exhibition, we will explore the sounds of different instruments and make our own music with them. Open to all, whether you already play or have never played a musical instrument. Instruments will be provided, and you can bring your own. You could even have a go at conducting the orchestra! We'll end with an informal performance.

Music Workshop with Joe Steer



Date and time	• Sun 19 February 2023 10:30 am - 3:00 pm
Price	£25 per child
Venue	Lee Memorial Hall, Ilfracombe EX34 8LW

A fun-packed day exploring music with Joe Steer, including...

- Playing and singing in groups
- Experimenting with weird and wonderful instruments
- Bucket Drumming
- Loop station composition
- ...and a special performance for parents/family members at the end of the day.

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No musical experience necessary, but please bring your instrument if you are learning one.

To book, please contact Joe Steer email joe_steer@hotmail.com

Hubdates

Keep up to date with news and opportunities from the Hub by joining our regular bulletin.

<https://www.musiceducationhub.org/site/whats-on/music-workshop-joe-steer/>

Happy Families, Happy Futures Devon

We are pleased to announce that the Happy Families Happy Futures Devon offer that supports parents to improve the quality of the interparental relationship has restarted through a collaboration between Devon County Council and our Community and Voluntary Sector and Private Sector partners. The programme will continue to deliver support to parents, via virtual or face-to-face delivery.

This programme offer includes:

Family Transitions Triple P

*** Advice and guidance to support co-parenting and to deflect the pressure of divorce or separation away from children**

Within My Reach

*** Help to understand and develop healthy relationships and the positive impact this can have on children**

These programmes are aimed at supporting parents, both together and separated, to reduce parental conflict, develop positive communication and problem-solving skills, to manage emotions and create more positive environments for their children.

Requests for support should be submitted by completing this online Devon HFHF request form (click on this link) [Happy Families Happy Futures Referral Form](#) and a completed the consent form available here [Download the HFHF Consent Form](#)

For more information please contact the Parental Relationship Coordinator Emma Winter: emma.l.winter@devon.gov.uk

'Autism and Us' Parent Programme and autism themed workshops (Spring Term 2023)

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[Support from the Communication and Interaction Team - Education and Families \(devon.gov.uk\)](http://devon.gov.uk)

Support for parents/carers of Devon primary and secondary children who are either on the autism waiting list or who have received a diagnosis of autism.

Our 'Autism & Us' programme and themed workshops delivered this academic year will once again be offered during the forthcoming Spring term for parents/carers of Devon primary and secondary school children, pre or post diagnosis.

We are delighted to announce that we are offering access for families of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis.

Attending the 'Autism & Us' parent programme gives you an opportunity to develop your understanding of autism and look at practical solutions to managing and supporting your child's presenting needs.

Full programme details and application process below:

Autism & Us programmes:

- 4 weekly 'live online' sessions (approx. 2hrs each) related to the following topic/themes.

No.	Topic	Programme 1	Programme 2	Trainer
1	Autism overview	Wed 11 Jan - 4.30 - 6.30	Mon 6 Mar - 10 - 12	Paul Lamanna
2	Communication	Wed 18 Jan - 4.30 - 6.30	Mon 13 Mar - 10 - 12	Laura O'Shea
3	Understanding and supporting behaviour	Wed 1 Feb - 4.30 - 6.30	Mon 20 Mar - 10 - 12	Laura Matthews
4	Sensory	Wed 8 Feb - 4.30 - 6.30	Mon 27 Mar - 10 - 12	Kevin Jones

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Apply direct by email to: educationlearnersupport@devon.gov.uk

To secure a place on any of the above programmes, or express your interest for forthcoming programmes. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform.

Topic based workshops:

The following topic based workshops, are also available for parents/carers of CYP (Children & Young People) who are currently on the autism assessment pathway, in addition to families of CYP who have received an autism diagnosis. You can choose from these based on the relevance to you and your family.

Date	Time	Topic	Trainer
Tues 23 Feb	10 - 12	Autism – Demand avoidance + PDA	Robert Good
Tues 2 Mar	10-12	Autism – Communication (verbal – support strategies)	Laura O'Shea
Tues 14 Mar	10 - 12	Autism – Managing stress + anxiety	Alison Cann
Thurs 23 Mar	10 - 12	Autism – Vulnerability + online safety	Paul Lamanna
Tues 28 Mar	10 - 12	Autism – Communication (pre/non verbal – support strategies)	Laura Matthews

Apply direct by email to: educationlearnersupport@devon.gov.uk

To secure a place on any of the above topic based workshops. We will confirm your booking request, and provide you with a direct link to the event. They will be delivered on line 'live' via the Microsoft TEAMS platform.