



Exbourne: Encouraging Excellence

'Let us spur one another to acts of love and good deeds.' Hebrews 10:24

School News 27th September 2024

Dear Exbourne Friends and Families,

In Worship this week, I read the classic picture book *Handa's Surprise* by Eileen Browne. Handa puts seven delicious fruits into a basket to take to her friend Akeyo. Along the way, she passes animals who through their actions, ensure it is not just Akeyo who has a surprise at the end!



It's a great story, familiar to all of the children. It helped us think about the food we have, sharing with others and the spirit of Harvest.

Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. 2 Corinthians 9:6-8

In the spirit of sharing, we will be taking donations of food to our local food bank. Please feel free to bring cans or packets of food, toiletries and pet food to school and we will organise a delivery.

Harvest

We have been practicing our songs and writing poems and prayers to share in our Harvest Festival Service. We look forward to seeing you at the church for the service and we welcome you back to school afterwards to see the pupil's work.



Exbourne School Harvest Festival
Wednesday 2nd October
2pm at St Mary's Church
Donations of food for the local foodbank
will be gratefully received.



Whiddon Down Festival

Our Year 5 and Year 6 had a wonderful opportunity to sing with children from other schools and world class singers and musicians at the Whiddon Down Festival. Thank you to Mrs Hoole for organising this.

Attendance to date

Olive 96.76%

Dove 96.52%

Olive Class are beating Dove Class by a fraction, less than $\frac{1}{4}$ of a % in fact!
It is my hope that both classes percentages will rise as we progress through the year.

Attendance Matters



Swimming

The children are really enjoying their weekly swimming lessons at Ruby, and they are making great progress too. It is great to see the confidence our youngest children have and how skilled they all become over the weeks. It is a National Curriculum expectation that children can swim competently, confidently and proficiently over a distance of at least 25 metres. We are very proud to say that our children achieve this due to the importance we place on swimming and commitment we make to ensure they all have this opportunity every year. Parents also taking their children for swimming lessons and going swimming for fun really supports children to not only enjoy swimming, but to develop a hobby and potentially a lifesaving skill for the future.



Thanks a Minion!

Thank you to our wonderful PFA for organising a film night this evening. I hear a great time was had by all!

Our PFA are an integral part of our school community. They are a small group of volunteers who organise fun events and raise funds for trips and treats.

Please come along to our Annual General Meeting for cuppa and to find out more about what they do and how you can get involved. Straight after drop off on Tuesday.

Wednesday 2nd October Annual General Meeting
8.45am in the school hall.

All welcome!

Support Services

We all need some help at points in our lives. Here are some useful numbers of national and local services.

www.childline.org.uk 0800 1111 plus online chat facility

www.youngminds.org.uk website plus text YM to 85258 for free 24/7 support

www.giveusashout.org Free 24/7 mental health text support in the UK, if you are a young person struggling to cope, text SHOUT to 85258 for free, 24/7 support

www.kooth.com online chat with a counsellor

www.samaritans.org 0116 123 SAMARITANS, you don't have to be suicidal to call

www.papyrus-uk.org 0800 068 4141 PAPHYRUS prevention of young suicide

[Stay Alive App](#) – grass roots suicide prevention app

www.selfinjurysupport.org.uk anyone affected by self-harming – text & phone support too

www.nshn.co.uk national self-harm network, online forum supporting young people

www.beateatingdisorders.org.uk supporting those with eating disorders

www.spaceyouthservices.org 01837 657601 Room 13, youth centre

www.mind.org.uk mental health charity

www.place2be.org.uk - a children's mental health charity with over 25 years' experience working with pupils, families and staff in UK schools.

<https://www.youngdevon.org> resource for 11 to 25 yr olds, wellbeing offered to young people and parents/carers

www.lgbtqyouthdevon.org.uk Xplore - youth groups for LGBTQ+ community

www.intercomtrust.org.uk - LGBTQ support

www.kidscape.org.uk help & resources re bullying, for young people and parents/adults

Coats!

Autumn is well and truly here! Please can you ensure your children come to school with waterproof coats as we make the most of our play times, come rain or shine! (If it's torrential, we do come in!)

All the best

Tara Penny

Principal

