Allergen Matrix



Dartmoor Mat - 2023 St James, South Tawton, Exbourne, Bridestowe and The Promise



School

	Celery	Crustaceans	Eggs	Fish	G	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Chocolate Cookie					Oats, Wheat (Barley*)									
Jacket Potato with Beans														
Jacket Potato with Cheese														
Secondary Leek and Potato Bake, Roast Potatoes, Vegetables & Gravy							⊘						②	
Apple Muffin					Wheat									
Banana and Blueberry Sponge					Wheat									
Beef Hot Pot and Sauteed Cabbage & Gravy													②	
Beef Lasagne, Focaccia Bread and Salad Sticks			?		Wheat		②		3				②	3

	Celery	Crustaceans	Eggs	Fish	G	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Bolognaise, Pasta, Nachos, Dips and Salad					Wheat (Barley*)		•		⊘					8
Broccoli and Cauliflower Bake, Roast Potatoes, Vegetables and Gravy							•						⊘	
Butchers Sausage, Mash , Seasonal Vegetables and Onion Gravy														
Carrot Cake					Wheat									
Cheesy Bean Balls, Mash Potato and Gravy					Wheat								②	
Chicken Bites, Chips, Beans or Peas					Wheat									
Chicken Enchilada with Vegetable Rice					W heat									
Chocolate Squash Brownie					W heat									
Coconut Cookie					Oats, Wheat (Barley*)								⊘	
Flapjack					Oats (Barley*, Wheat*)									
Fruit Platter														

	Celery	Crustaceans	Eggs	Fish	G	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Halloumi Burger, Chips and Peas					W heat							3		
Hand Stretched Margharita Pizza, Wedges and Sweetcorn					Wheat								②	
Jacket Potato with Tuna Mayo	3		②		3		3		?				3	3
Jacqui's ABC Cake			⊘		Wheat									
Jam and Coconut Sponge					Wheat								②	
Lemon Drizzle Cake			②		Wheat								②	
Oaty Cookie					Oats, Wheat (Barley*)									
P.L - Cheese Sandwich					Oats, Wheat (Barley*)		⊘							•
P.L - Ham Sandwich					Oats, Wheat (Barley*)									②
P.L - Tuna Mayo Sandwich	8		②	⊘	Oats, Wheat (Barley*)		3		3				3	②
Primary - Cauliflower, Chick Pea and Sweet Potato Korma With Sunshine Rice and Naan					W heat		•		⊘				•	

	Celery	Crustaceans	Eggs	Fish	G	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Primary - Fish Fingers, Chips & Peas					Wheat									
Primary - Salmon Fingers, Chips, and Peas					Wheat									
Primary Beef Burger, Chips and Peas					Wheat							3		
Primary Brunch Bar					(Wheat*)		3						②	
Primary Brunch Bar - Vegetarian					Wheat		3						3	
Primary Dartmoor Beef Meatballs in Tomato Sauce, Penne Pasta, Homemade Bread and Green Salad					W heat				⊘				•	?
Primary Macaroni Cheese, Focaccia Bread & Salad					Wheat		②		②					3
Primary Quorn Toad in the Hole with Mashed Potato and Seasonal Vegetables			②		Wheat		Ø						•	
Primary Roast Chicken Dinner														
Primary Roast Gammon, Roast Potatoes, Vegetables , Gravy													⊘	
Primary Roast Turkey, Roast Potatoes, Vegetables, Gravy														

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Primary Vegetarian Hot Pot with Sauteed Cabbage														
Quorn Sausage, Chips and Peas					Wheat									
Raspberry Ripple Shortbread					Wheat									
Secondary Dartmoor Sausage Yorkie Wrap With Mash Potatoes and Seasonal Veg			⊘		W heat		⊘						⊘	
Secondary Hunters Chicken, Potato Wedges and Salad							②						②	
Summer Vegetable Frittata, Wedges, Salad Bar			②				②							
Sweet Potato and Butternut Bake Dinner														
Tomato and Cheese Pasta Bake, Focaccia Bread and Veggie Sticks					Wheat		②		•				⊘	3
Veggie Nuggets, Chips and Peas					W heat									

21/07/2023 10:23

May contain
Does contain

*Allergens in brackets are a May Contain.